



## Freiwilliges Soziales Jahr Pflege (FSJ Pflege)

### - Your Voluntary Year in Social Care

For volunteers and those who are interested

#### *Your Voluntary Year in Social Care – What's that?*

During your voluntary service you get to know the daily routine of those working in care. Everything is experienced directly without the use of classes and lessons. That means: No exams. No homework. No learning dull theory.

#### *What's in store for you in voluntary service?*

- **You start directly into practice!** In your service practice takes precedence over theory. You accompany your new colleagues starting on day one to gain insight into your future duties. Learning by doing is the name of the game.
- **You are not on your own!** Whatever you need help with, be it professional, organisational or something else entirely, you will be assigned a support contact in your place of assignment to rely on. The staff of the Service department FSJ Pflege will also assist you in the form of regular workshop days and coachings. If there is something you don't want to discuss in your place of assignment. If you need help in your vocational orientation they are the ones to call.
- **We care about your opinion!** A team of the University of Hildesheim researches the benefits of voluntary service in care for young people. They will meet you two to three times to gather data with you. Especially the effects of the voluntary service on you future is of interest to them, so they will reach out to you even after your service has ended.
- **You're important to us!** You are granted a free ticket for public transport, so you don't have to spend all your hard-earned money to get from A to B. That is our way to thank you for your valuable voluntary service and your participation in this project.

#### Fact Sheet:

##### *When do we start?*

You can take part in the project as soon as your voluntary service has begun. Participation while already actively serving is also possible.



### *How to contact us?*

If you have any more questions you can reach out to the Service Department FSJ Pflege.

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The project FSJ Pflege is a joint venture by:



Niedersächsisches Ministerium  
für Soziales, Gesundheit  
und Gleichstellung